



## Resilience – From Hurting to Healing

October 14, 2022

7:45 am – 8:40 am	Registration (all participants)
8:45 am – 9:10 am	Welcome - Janet Hazelton
9:10 am – 9:40 am	CFNU President – Linda Silas
9:40 am – 10:30 am	Dr Jackie Kinley on Resilience
10:30 am – 10:45 am	*Break*
10:45 am – 11:50 am	Dr Jackie Kinley on Resilience (continued)
11:50 am – 1:00 pm	Lunch
12:30 pm – 1:00 pm	Re-Registration (all participants)
1:00 pm – 2:00 pm	Janice Landry – Stories of Trauma and Resilience
2:00 pm – 3:45 pm	Alvin Law – Inspiring Resilience
3:45 pm	Closing Remarks/Adjournment